Scales, Patterns, and Bending Exercises with Gregg Michaelsen

Are you ready to take your guitar playing to the next level? If so, then you need to master the art of scales, patterns, and bends. These three elements are essential for any guitarist who wants to play with speed, accuracy, and expression.

In this comprehensive guide, we'll teach you everything you need to know about scales, patterns, and bends. We'll start with the basics and gradually work our way up to more advanced techniques. By the end of this guide, you'll be able to play scales, patterns, and bends like a pro!

What are Scales?

Scales are a series of notes played in a specific order. They are the building blocks of music, and they can be used to create melodies, harmonies, and solos. There are many different scales, each with its own unique sound.



Scales, Patterns & Bending Exercises #1 by Gregg Michaelsen

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The most common scale is the major scale. The major scale consists of seven notes: the root, the second, the third, the fourth, the fifth, the sixth, and the seventh. The intervals between these notes are as follows:

Root to second: 1 whole step

Second to third: 1 whole step

Third to fourth: 1 half step

Fourth to fifth: 1 whole step

Fifth to sixth: 1 whole step

Sixth to seventh: 1 half step

Seventh to root: 1 whole step

What are Patterns?

Patterns are sequences of notes that are played repeatedly. They can be used to create rhythm, groove, and movement in your playing. There are many different patterns, each with its own unique sound.

One of the most common patterns is the pentatonic scale pattern. The pentatonic scale pattern consists of five notes: the root, the second, the third, the fifth, and the seventh. The intervals between these notes are as follows:

Root to second: 1 whole step

Second to third: 1 minor third

Third to fifth: 1 whole step

Fifth to seventh: 1 minor third

Seventh to root: 1 whole step

What are Bends?

Bends are techniques that involve raising the pitch of a note by pushing or pulling on the string. They can be used to create expression, emotion, and tension in your playing. There are many different types of bends, each with its own unique sound.

One of the most common types of bends is the full-step bend. The full-step bend involves raising the pitch of a note by one whole step. To perform a full-step bend, simply place your finger on the string and push or pull it in the direction of the desired pitch.

How to Practice Scales, Patterns, and Bends

The best way to practice scales, patterns, and bends is to do so regularly. Set aside some time each day to practice these techniques. Start with the basics and gradually work your way up to more advanced exercises.

Here are some tips for practicing scales, patterns, and bends:

- Start slowly and gradually increase your speed.
- Use a metronome to keep time.
- Focus on accuracy and precision.
- Don't get discouraged if you make mistakes. Everyone makes mistakes when they are learning.
- Be patient and persistent. It takes time to develop these techniques.

Scales, patterns, and bends are essential for any guitarist who wants to play with speed, accuracy, and expression. By mastering these three elements, you'll be able to take your guitar playing to the next level.

So what are you waiting for? Start practicing today!

About Gregg Michaelsen

Gregg Michaelsen is a renowned guitar instructor and musician. He has taught guitar for over 25 years, and he has helped thousands of students achieve their musical goals. Gregg is the author of several guitar instruction books and DVDs, and he has also produced a number of popular online guitar courses.

Gregg is a passionate and dedicated guitar teacher. He loves sharing his knowledge and experience with others, and he is always willing to go the extra mile to help his students succeed.

If you are serious about learning how to play guitar, then I highly recommend checking out Gregg Michaelsen's guitar instruction materials. He is one of the best guitar teachers in the world, and he can help you achieve your musical goals.



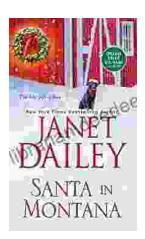
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